



Spring Refresh: Decluttering Your Closet for A Clean Start

- ☐ **Set aside 2-3 hours**
- ☐ **Gather supplies: bins, mirror, sticky notes, vacuum**
- ☐ **Empty your closet**
- ☐ **Sort items by category**
- ☐ **Ask: Have I worn it? Does it fit? Do I feel confident?**
- ☐ **Use keep/donate/toss bins**
- ☐ **Clean the closet space thoroughly**
- ☐ **Use velvet hangers and hanging organizers**
- ☐ **Add labels to bins**
- ☐ **Donate or recycle items**
- ☐ **Apply "one in, one out" rule**
- ☐ **Schedule monthly mini-declutters**